

# 13th ANNUAL JUNIOR FOOTBALL CAMP



**Tuesday JULY 6 – Friday 9, 2021**

**Camp Director: Dennis Hard – Westwood H.S. Head Football Coach**

**9:00 am – 1:00 pm**

**Location: Westwood Regional High School Football Field**

(For Players Entering 1<sup>st</sup> through 9<sup>th</sup> Grade)

**All Campers should bring: Cleats, a mouthpiece, & a water bottle**

**Due to Covid 19 restrictions the usual lunch break will not take place this year**

The goal of our camp is to help future Cardinals improve their football skills for the upcoming 2021 season, while introducing them to essential techniques and fundamentals to help them progress as football players. We take this time to introduce the future of our program (the campers) to our high school coaching staff. We explain to them what it means to be a Cardinals football player, the pride and passion we have for our community, school and teammates. We eagerly anticipate working with the future players of our program and upholding one of the strongest winning traditions in Bergen County Football. I look forward to seeing all our future Cardinals at camp on JULY 6<sup>th</sup>. We are once again going to have a great week!

**Please Review and Sign Consent Form Below ↓**

I hereby and herein authorize the Director of Future Cardinals Football Camp or any agents working on their behalf, to act in my stead for the purpose of my son/daughter requiring medical attention. I impose upon the assumptions of this duty the responsibility to act with reasonable care and caution and release and waive all liability for any injuries and illness incurred while at the camp. In the event the same is performed pursuant to such standard. By my signature here under, I warrant that my son/daughter is in good physical condition, has no undisclosed medical problems, illnesses or disabilities, and is capable of full and active participation in football camp. I also represent that my son/daughter has received a physical in the last year and is medically competent to participate.

Signature of Parent or Guardian: X \_\_\_\_\_

Athlete's Name: \_\_\_\_\_ Parents Phone # \_\_\_\_\_

Athlete's Address \_\_\_\_\_ Secondary Phone # \_\_\_\_\_

\_\_\_\_\_ Parent's Email: \_\_\_\_\_

Athlete's Grade in Sept 2021 \_\_\_\_\_ Athlete's Age: \_\_\_\_\_ Athlete's T- Shirt Size \_\_\_\_\_

Camp cost - **\$180** Per Camper; **\$120** for incoming 9<sup>th</sup> Graders; Families of 2 campers - **\$330**

Checks can be made payable to: **Future Cardinals Football Camp**

**Checks can be mailed to: Coach Dennis Hard 862 Broad Street Teaneck, NJ 07666**

**\*This is not a school sponsored event. Any inquiries, please contact Coach Hard at [hard.dennis@gmail.com](mailto:hard.dennis@gmail.com)**